



Springhill
Hospice
Education



Education & Training Prospectus 2024

Springhill Hospice Education
Carders Court, Ivor Street, Rochdale, OL11 3JA

Book training via our website

www.springhill.org.uk

Email: education.springhill@nhs.net

Inspire



Achieve



Connect



Welcome to Springhill Hospice Education

This education summary has been produced to provide you with useful information about the training and education programmes we offer.

All our courses are evidence based, directly relevant to practice and are underpinned by current research. Our educators endeavour to ensure that you find the sessions valuable as well as enjoyable.

The team are experienced, committed to supporting you and keen to provide stimulating sessions which help motivate and educate.

We want to help you make the most of your learning opportunity and realise your potential.

The student experience is at the heart of everything we do, and we hope that you will enjoy your study with us. We believe that good learner centred education leads to excellence in person centred care.

Springhill hospice education team welcomes students with additional support requirements and disabilities, and will make every effort to support their needs. The program has been designed to incorporate a variety of ways in which you can access the information you need to undertake learning around each topic, and we will support you to complete the program.

If you require any additional support or guidance, please contact us and we will do our best to support you with your learning experience.

We offer a range of learning opportunities available for a variety of healthcare professionals; please don't hesitate to get in touch!

**Please contact us for further information on the courses we have to offer
education.springhill@nhs.net**

Meet the Team

Jane Ashworth
Education and
Development Lead



My journey began back in 1990 when I started as a healthcare assistant in a nursing home. I found myself drawn to the compassionate aspect of caregiving, and it sparked a passion within me to pursue a career in nursing. After gaining experience as an auxiliary nurse at the local hospital, I completed NVQs 2 and 3. Eager to expand my knowledge and skills, I enrolled in university to pursue a diploma in adult nursing, and since completed a second BSc and MSc. However, it was my experience in palliative care that truly resonated with me.

Pauline Howarth
Education Facilitator



I developed my interest in palliative care and care for the dying as a hospital based Staff Nurse leading me into hospice care where I worked for over 25 years in day services, inpatient care, spiritual and bereavement care. I joined the education team at Springhill Hospice in 2020 having been so impressed by the Palliative Care Passport, the quality of the teaching and the confidence and drive it gives health and social care workers to strive for excellence in the way they care for those living with life limiting conditions.

Helen Seth
Associate Educator



My career started out as a healthcare assistant in the community, which then led to me training staff in the community care sector. Before my time at the hospice, I attended sessions with the hospice including the Passport, which only fueled my passion for improving care for those at end of life. I found that the learning opportunities offered by the hospice not only improved my way of working, but that of those around me, leading to improved care for those in need. Seeing our shared goal achieved really brought to light the outstanding team spirit we all have in the healthcare community.

Angela Ogden
Administrator



I started as a volunteer at the hospice in August 2015 following over 40 years employed in banking. By December 2015 I was a paid member of staff at the Hospice on a part time basis, working for both the Community Services and Education. I am now based with the Education Unit and provide all the admin support for the team. I will be your first port of call when enquiring about any of the education courses, and it will be me who you communicate with regarding your booking.



2024 Courses

- The Springhill Hospice Palliative Care Education Passport
- Foundations Of Care in a Palliative setting
- Dementia & Palliative Care
- Advance Care Planning
- Learning Disability & Palliative Care
- Opening The Spiritual Gate
- Syringe Driver Training for Registered Nurses
- Verification of Death
- Adv Dip CPD & Comm Sp Practice DN HLT072
Multidisciplinary EoL Care Module
- Practical skills self care and resilience
for Informal Carers



**To book courses and workshops
please visit our website www.springhill.org.uk**

Palliative Care Education Passport

The Springhill Palliative Care Education Passport (SPCEP) provides a solid set of holistic knowledge and skills for all grades of staff.

It comprises of 6 modules, each exploring different aspects of Palliative Care.

The SPCEP is a course not only endorsed by Skills for Care, but is also award-winning!

Modules

- **Module 1**- Advance Care Planning (ACP) recognising advancing disease and supporting individuals in distress
- **Module 2**- Communication – Foundation skills for supporting those in distress
- **Module 3**- Psychological and spiritual needs for patients and families
- **Module 4**- Symptom management
- **Module 5**- Recognising dying and care at the end-of life
- **Module 6**- Care after death and supporting the bereaved

The education team are all committed to making the sessions interesting and useful, by using group discussions and reflections, learners are able to develop their knowledge and skills in a safe environment.

We promote person centred care by delivering learner centred education.

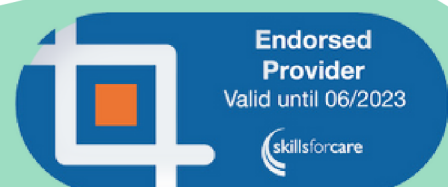
Costs

These sessions are **free of charge** for those who work within the Heywood Middleton and Rochdale area. For those outside of this area, the SPCEP can be completed for a charge of **£30 per session or £150** if all six sessions are paid in advance.

Whether you're a healthcare assistant or a General Practitioner, we'd love to have you on board. Get in touch via the email below for course dates and bookings.

Email: education.springhill@nhs.net

Facebook: www.facebook.com/PalliativePassport



Foundations of care in a palliative care setting

This is a comprehensive course that covers all requirements to meet and maintain compliance, to work as a healthcare worker in palliative care. Along with the 3 core required subjects, this course introduces basic clinical tasks which are commonly seen in the palliative world.

We offer the opportunity to learn and practice basic clinical skills whilst promoting privacy and dignity.

The course has a strong focus on delivering care with compassion.

Day 1

- Moving and handling of a patient.
- Maintaining skin integrity,
- Pressure area care,
- Personal care,
- Effective communication
- Continence management.

Day 2

- Hydration & nutrition
- Dysphagia (swallowing difficulties)
- Basic life support – Cardio Pulmonary Resuscitation (CPR), Adult, Child, Infant
- Airway & circulatory problems
- First Aid including choking for those with a disability

Day 3

- Awareness of relevant legislation
- Understand the need to control drug administration
- Management of PRN medication
- Knowledge of drug errors & adverse reactions
- Storing & disposal of medication
- Catheter awareness & catheter care
- Understanding of stomas & ostomy management

Email:
education.springhill@nhs.net

**£35 per day or
£90 for all 3 days**

Discounts available for group bookings

Advanced Dementia Palliative & End-of-Life Care



This motivational, interactive workshop is suitable for all levels of healthcare professionals in any setting.

Using real life case studies and masterclasses to explore challenges faced in the workplace and to build knowledge skills and confidence

- Identify progression in advanced dementia
- Employ life stories to meaningfully personalise care
- Visit the dementia market place for practical skills and knowledge
- Recognising dying
- Symptom control
- Personal care
- Oral health
- Mental health: delirium, depression, anxiety

**Price on
application**
subject to
funding

Advance Care Planning

Taking the guess-work out of caring for someone unable to communicate their wishes

Advance care planning can make the difference between a future where a person makes their **own** decisions and a future where others do.

Care staff have an important role to play in supporting people to consider **advance care planning**

Who is it for?

Registered Nurses, Health Care Assistants, Domiciliary Care Workers, AHP, Doctors, Social Care Staff

This workshop will

- **Demystify** what an advance care plan is
- **Empower** you with the knowledge and skills you need to help enable those you care for make plans for their future care
- Help you **deliver** personalised care
- Give you the **confidence** to make best interest decisions for those in your care



Price on application
subject to
funding

Palliative Care for those with a Learning Disability

This full day module is suitable for all levels of healthcare professionals in any setting.

Module Objectives:

- Discuss what palliative care is and strategic developments
- Have an understanding of palliative care needs for those with learning disabilities
- Awareness of the MCA and best interest decisions
- Understand why advance care planning is needed
- Understand the use of Proactive Indicator Guidance
- Discuss ways of supporting those we care for
- Awareness of the Individual plan of care for the dying person
- How to support and communicate
- Communication with the patient
- Resources available to help you care for a person with a life limiting condition that has a learning difficulty.

**Price on
application**
subject to
funding

Opening the Spiritual Gate

This workshop will help you to discover the reasons why spiritual care is such an essential element of palliative and end-of-life care, how to talk about spiritual needs and how to weave it into your caregiving.

During the day you will explore

- **Understanding meaning**
What do spirituality and religion mean and how do we recognise spiritual distress.
- **Communication**
How do we start a conversation about spiritual and religious needs and help someone to make a plan.
- **Recording & reporting**
Develop skills needed to concisely record the essence of conversations about spiritual and religious needs.
- **Pulling it all together**
Looking at the needs of different faith traditions, rituals, and rites of passage, spiritual and religious resources, spiritual care policies, standards and guidelines

Price on application
subject to funding

Bereavement Support for Families

- Develop confidence and skills to enable you to provide compassionate, bereavement support to the families of those you are caring for
- Develop knowledge of the emotional and physical response to bereavement
- Build the skills and confidence required to support bereaved individuals

Price on application
subject to funding

Syringe Driver Training for Registered Nurses

Please contact for dates

Essential training for all Nurses and Medical practitioners who use a syringe driver as part of their role.

Course content

- Recognise when a syringe driver is indicated
- Drug conversions and an understanding of common drugs used
- Assessment and management of breakthrough pain
- Loading procedure of the syringe driver
- Recognise the common alerts and alarms, and their meanings
- The importance of good communication skills



Free of charge
for nurses working
within HMR
£35 for out of area

Verification of Death

Band 6 nurses

Theoretical training for experienced Band 6 and above Nurses to enable assessment and verification of an expected death.

Develops knowledge and skills around the verification of death procedure and awareness of professional and legal considerations.

There is a requirement for attendees to arrange a competent verifier to assess and sign off your practical competence

Free of charge
for nurses working
within HMR
£35 for out of area

Collaborating with the
University of Bolton

**Adv Dip CPD and
Community Specialist Practice District Nursing
HLT6078 and HLT7072**

**Multidisciplinary End of Life Care
MODULE**

study at level 6 or 7

- Collaborative working
- Symptom control
- Future planning - Advance Care Plan
- Ethical principles
- Selfcare/resilience
- Communication - difficult conversations
- Holistic assessment
- Loss grief and bereavement
- Library skills
- Critical analysis

This module is taught by highly experienced practitioners
assessed and awarded by the University of Bolton.

You can choose to be assessed by either
presentation and viva
or
written assignment

Book this module directly with University of Bolton





Springhill
Hospice

Making every moment count

For more information on Springhill Hospice and
Springhill Hospice Education
please visit our website at

www.springhill.org.uk

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